

Looking after loved ones

Video transcript

Did you know that not only do you build a pension and savings for your future, those close to you will be looked after should the worst happen.

This is a valuable part of your benefits as a member. With **life cover** and **dependents pensions**, you have peace of mind that your loved ones will be taken care of. This is why it's so important that you let us know who you'd like to receive your benefits.

Make sure you complete your forms every three years and leave the rest to us. It's easy to do in My USS, the online portal for managing your membership.